



Got News??

June 11, 2026

This insert sponsored by Pastor Regina Holliday, who provided the information below.

Please Join us for Cinderblocks 2026, a medical conference run by patients, to be held at Amity Fellowship Hall, 315 Center Street Meyersdale, PA (Beside the Post Office)
Any questions call Regina Holliday 202-441-9664

Thursday, June 18, 2026

8:00am Breakfast

8:30am Opening Remarks: Regina Holliday, founder of The Walking Gallery of Healthcare

9:00am Kelly Rhodes, Open Rhodes 2 Recovery

Kelly Rhodes' speech will talk about the importance of community support / peer support in the healing process of recovery both Mental Health and Substance Use Disorder.

9:30am Tiffany Rains: Advocacy Tools That improve Health Outcomes

Navigating medical crises can be frightening. Tiffany has decades of experience in advocacy for herself and her children in complex health circumstances.

10:00am Josh Rubin, Program Officer for Learning Health System Initiatives at University of Michigan Medical School. Singula Institute is about applying Learning Health System principles to mental health. We thank our sponsor for helping make this event possible.



10:30am Crossroads Treatment Center Presentation

11:00 Roundtable on Medicaid 2027, Resources, and Volunteerism

Noon: Lunch

1:00pm Shannon Shine, She also combines her expertise as a certified wellness and natural health professional with my artistic talents in mixed media and sound meditation to deliver impactful experiences.

1:30 pm Pamela Dornburg: Community Events are Good for Mental Health

2:00 pm No Longer Bowling Alone: Organizations, Fraternal Societies, and the Church on Creating Community. Grantsville Rotary, Meyersdale Lions, Somerset Chorale, and other community representatives

3:00 pm Renae Billow presentation on Community Life

Community LIFE is a program of all-inclusive care for the elderly, committed to enabling older adults to remain at home while preserving their dignity, independence and quality of life.

4:00 Jan Oldenburg passed the National exam to be a certified SHIP (State Health Insurance Program) counsellor. It's a volunteer program--and there's one in every state, generally run by the Department of Aging. She is certified to help people make their Medicare or MA selections, help them apply for Medicare Savings Programs, if they qualify, and generally solve problems they may be having with Medicare or Medicare/Medicaid. Jan is also an incredibly talented jewelry artist and a nationally recognized thought leader on personal health engagement, with exceptional communication and public speaking skills

Evening activities: Walking the Train Bridge in Meyersdale and a performance of Ross Martin's Music.



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June 11, 2026 insert

(Cinderblocks Conference, continued from other side)

Conference Day 2, Friday, June 19, 2026

8:00am Breakfast

9:00 am Emily Edwards, Mayor. Maven. Mountain Muse. Running on Rosé and Regional Planning. The mayor of Grantsville Maryland will talk about all the amazing things happening in that community.

10:00 am Panel on Foster Care Support

Stephen Zirkle, Pastor of Ravenswood Church of the Nazarene and George Bivens, Cambria and Somerset County Coordinator of Keystone Family Alliance

11:00am Regina Holliday: The Patient Story

Noon Lunch

1:00pm Help Beyond Hurt: Trauma Informed Care

Jennifer Boland will be sharing about the work of our local Hope Beyond Hurt Trauma Informed Coalition while discussing the impact of trauma and the power of positive experiences to build individual and community resilience.

2:00pm Twila Bender & Brittany Miller from Mountain Laurel Medical Center will give a presentation on all their services. Services include medical doctors, onsite lab services, imaging, pharmacy, transportation, registered dietitian, insurance navigation and referral team. They will also speak about how to organize care providers and fill in the gaps.

3:00 Tour of the MAMA Free Store and the Vision of Patricia Woullard

4:00 Summing things up and making plans for next year.

Come to the Springs Historical Society Program:

Historic Casselman Valley Churches

Slide Show by Regina Holliday

7pm Monday June 22nd 2026

Come at **6:45pm** to hear **Violinist Natalie Lapp**



**At the Springs Historical Society
across from the Springs Store**

The Free Store

The Meyersdale Area Ministerial Assn., In cooperation with Pat Woullard, has opened the **Free Store**, located at the corner of Center & Dale Streets, in the old Shipley Hardware building. It is open on Tuesdays, 12:30-4PM

Volunteer opportunities are numerous, and include a wide variety of tasks related to stocking and maintaining the store.

They are seeking donations of gently used items: clothes, furniture, dishes, toys, appliances, art supplies, linens, media, and books, which can be dropped off during the store's open hours.

Pastor Regina Holliday may be contacted for more information at reggieart123@yahoo.com.